



Mental Health Association  
Your Leading Mental Health Resource

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Rockville, MD 20851

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# DQ & EQ at Work for You: Putting Diversity Awareness (DQ) & Emotional Intelligence (EQ) to Work at Your Organization MHA's Annual Business Conference

Presented by  
 MHA  
Your Leading Mental Health Resource

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Wednesday, April 28, 2010 • 8:00 am – 11:30 am  
Universities at Shady Grove, Building II  
Continental Breakfast Provided

This highly interactive session uses current research, activities and best practice information to help participants build awareness, knowledge and leadership skills. By attending this conference, attendees will:

- Learn the meaning of DQ and EQ – know what they are and why they are important,
- Understand the connection between emotional intelligence and diversity and inclusion,
- Deepen their awareness about the importance of diversity and inclusion and emotional intelligence in the workplace – understand the connection to teams, to creativity and to innovation,
- Understand how emotions can influence thoughts, behaviors, and decision making, and professional and personal relationships, and
- Make the connection between emotional intelligence and leadership.

## Who Should Attend?

Corporate leaders, managers, human resource professionals, supervisors, and workforce members seeking to build awareness, knowledge and leadership skills through Diversity Awareness (DQ) and Emotional Intelligence (EQ).

## Continuing Education:

This program, ORG-PROGRAM-55736, has been approved for 2.5 (General) recertification credit hours toward PHR, SPHR, and GPHR recertification through the HR Certification Institute. The use of this seal is not an endorsement by the HR Certification Institute of the quality of the program. It means that this program has met the HR Certification Institute's criteria to be pre-approved for recertification credit.



**What & When:**  
DQ & EQ at Work for You  
Wednesday, April 28, 2010 • 8:00 am – 11:30 am

**Where:**  
Universities at Shady Grove, Building II  
9630 Gudelsky Drive, Rockville, Maryland 20850-3480

**How:**  
**Directions from the North via I-270:**  
Take Shady Grove Road West, Exit 8. Turn right onto Shady Grove Road and continue 1.5 miles; cross the intersection of Darnestown Road and turn right onto Gudelsky Way. Turn left onto Gudelsky Drive and continue to the Universities at Shady Grove.

**Directions from the South via I-270:**  
Take Shady Grove Road West, Exit 8. Turn left onto Shady Grove Road and continue 1.5 miles; cross the intersection of Darnestown Road and turn right onto Gudelsky Way. Turn left onto Gudelsky Drive and continue to the Universities at Shady Grove.

## Conference Speaker



**Tanya Odom** works with corporations, schools, universities and communities in the United States and Europe in their efforts to address diversity issues and create inclusive and sustainable change in organizations. She has worked with many of the Fortune 100 Companies. Her areas of specialty include Racism, Gender Communication, Disabilities, Recruitment and retention, Work/Life Balance, Mentoring, Cross-cultural Interviewing, and Global Diversity. A recent area of focus has been in the area of diversity and the future of the workplace, workforce and marketplace. Ms. Odom has a Masters degree in Education from Harvard University and received her BA in Anthropology/Sociology with a minor in Women's Studies from Vassar College.

## About Mental Health Association

Mental Health Association of Montgomery County (MHA) promotes mental wellness and supports those with mental illness by sponsoring and implementing advocacy, education and community service programs. A private, nonprofit, United Way (#8151) agency, MHA has served Montgomery County residents for over 50 years. MHA currently manages 11 major direct service programs for children, teens, families, senior adults, as well as individuals with long-term mental illness. Over 1,000 volunteers implement programs under the direction of the MHA professional staff. To help further the philosophy that mental health is as important as physical health, MHA offers affordable, valuable and timely seminars on a variety of topics.

**MHA Consulting Service** offers organizations the opportunity to avail themselves of over 50 years of MHA's expertise as a leading mental health resource. Service areas include, for example, workforce mental wellness programming, events partnership and coordination, nonprofit management assistance and school-linked mental health education.

*In the event of inclement weather, please call the MHA's offices at (301) 424-0656 after 6 am on the day of the event for a message about the conference status.*

## Business Conference 2010 Sponsorship List\*

*\*as of March 4, 2010*

*Mental Health Association thanks the following organizations for their generous sponsorships of this year's Business Conference.*

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Comcast

## Registration Form

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SPACE LIMITED; REGISTER EARLY

### Conference Fees

\$70 Non-Member Fee     \$60 MHA Member Fee

*Continental Breakfast Provided*

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 Attn: Event Registration – Business Conference  
 1000 Twinbrook Parkway, Rockville, MD 20851

Please make checks payable to: **MHA Business Conference**  
 No refunds will be made after Friday, April 23, 2010.

For more information: (301) 424-0656 or [info@mhamc.org](mailto:info@mhamc.org)