

Diversity Awareness Skills for Providing Culturally Relevant, Responsive & Supportive Mental Health Services: Maximizing Your DQ (Diversity Awareness) & EQ (Emotional Intelligence)

Mental Health Association of Montgomery County's
April 2010 Continuing Education Event

Date: Wednesday, April 28, 2010

Time: 1:00 pm – 1:30 pm Check-in/Registration and Refreshments
1:30 pm – 4:30 pm Seminar Presentation

CEUs: 3.0 CEUs (go to www.mhamc.org/html/pages/education/index.html for more CEU info)

Location: University System of Maryland, Universities at Shady Grove

Speaker: **Tanya Odom** works with corporations, schools, universities and communities in the United States and Europe in their efforts to address diversity issues and create inclusive and sustainable change in organizations. Her areas of specialty include Racism, Gender Communication, Disabilities, Recruitment and Retention, Work/Life Balance, Mentoring, Cross-cultural Interviewing, and Global Diversity. A recent area of focus has been in the area of diversity and the future of the workplace, workforce and marketplace. Ms. Odom is the co-author of the publication "Evaluation in the Field of Education for Democracy, Human Rights and Tolerance." She is also the Diversity Dimensions columnist for *Diversity Woman* magazine. Ms. Odom has taught at Princeton University, Manhattanville College and at the University of Capetown in South Africa. She is one of the original faculty in Georgetown University's new Diversity Management Program. Ms. Odom has a Masters degree in Education from Harvard University and received her B.A. in Anthropology/Sociology with minor in Women's Studies from Vassar College. She has been trained as a coach by the Center for Creative Leadership and has completed training in the Difficult Conversations methodology.

Topic: Communities continue to grow increasingly diverse in myriad of ways and the mid-Atlantic region has experienced an influx in cultural diversity in particular. This event will focus on diversity inclusion awareness as a skill to help provide culturally relevant, responsive and supportive mental health services to clients and the community.

Attendees will:

- Learn the meaning of DQ and EQ—know what they are and why they are important,
- Deepen their awareness about the importance of diversity and inclusion and emotional intelligence
- Understand the connection between emotional intelligence and diversity and inclusion in providing mental health services
- Understand how emotions can influence thoughts, behaviors, decision making and professional and personal relationships
- Make the connection between an enhanced understanding of DQ and EQ in the delivery of services to clients.

Online registration will be available at www.mhamc.org soon.