

<p>What & When: MHA's Working with Youth CEU Seminars Thursday, July 29, 2010</p>	<p>Where: Universities at Shady Grove Building II 9630 Gudelsky Drive, Rockville, Maryland 20850-3480</p>	<p>How: Directions from the North via 1-270: Take Shady Grove Road West, Exit 8. Turn right onto Shady Grove Road and continue 1.5 miles; cross the intersection of Darnestown Road and turn right onto Gudelsky Way. Turn left onto Gudelsky Drive and continue to the Universities at Shady Grove.</p> <p>Directions from the South via 1-270: Take Shady Grove Road West, Exit 8. Turn left onto Shady Grove Road and continue 1.5 miles; cross the intersection of Darnestown Road and turn right onto Gudelsky Way. Turn left onto Gudelsky Drive and continue to the Universities at Shady Grove.</p>	
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Presented by



Working with Youth CEU Seminars



Thursday, July 29, 2010

Session I: 8:00 am – 11:30 am

Session II: 12:30 pm – 4:00 pm

Universities at Shady Grove, Building II

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Mental Health Association
 Your Leading Mental Health Resource
 1000 Twinbrook Parkway
 Rockville, MD 20851
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MHA's Working with Youth CEU Seminars

Thursday, July 29, 2010

Universities at Shady Grove, Building II

Session I • 8:00 am – 11:30 am

Stocking the Toolbox: Brain-Compatible Strategies for Challenging Behaviors

In this workshop, participants explore the inner workings of the brains of children who do not learn in a traditional fashion. The specific challenges of Oppositional Disorder, Conduct Disorder, Depression, Anxiety, Learned Helplessness, Asperger's Syndrome, Sensory Integration Disorder and AD/HD are covered in detail. For each challenge, the symptoms, causes and consequences are explained. In addition, participants will be able to assess and identify appropriate interventions for these learning and behavioral problems by applying a 3-tiered model. If you're ready to restock your toolbox for effectively helping these non-traditional learners, this workshop will bring you up-to-date on the latest successful insights and practices.

Participants attending this seminar will gain:

- New KNOWLEDGE of a 3-tiered model for addressing the learning and behavioral needs of nontraditional learners and students with behavioral challenges,
- Increased UNDERSTANDING of the symptoms and causes of the six most common brain differences in school-age children: Oppositional Personality Disorder; Anxiety and Stress Disorders; Depression; Reactive Attachment Disorder (abuse); Conduct Disorder and Learning Delays,
- Enhanced ABILITY to identify and apply at least 5 interventions for each brain difference,
- Expanded KNOWLEDGE of how the interventions impact the brain and how to apply the interventions in the most efficient way possible to achieve optimal learning and growth for students.

Session II • 12:30 pm – 4:00 pm



Child Abuse and the Brain: The Developmental Impact of Trauma in Childhood

With incredible specificity, scientists have mapped how the experience of abuse in childhood changes the growing brain and predisposes it to psychiatric disorders in adulthood. Child abuse produces severe stress in the brain. The body's physiological response to stress impacts the brain at a highly vulnerable period in its development. Understanding the specific sequences of abuse on the growing brain can significantly inform interventions and inspire new approaches for the focus and goal of treatment for child abuse victims.

Participants attending this seminar will gain:

- Expanded UNDERSTANDING of the relationship between attachment and affect regulation, and the impact that inadequate attachment has on self-soothing,
- Increased COMPREHENSION of the cycle of trauma, dissociation, substance abuse and subsequent trauma and the role that self-medicating plays in this dynamic,
- Extended AWARENESS of at least six dysfunctional cognitive, emotional or behavioral manifestations of growing up with substance abuse and trauma,
- Improved KNOWLEDGE of at least three strategies that help address flashbacks, reduce somatic complaints, and decrease the "relationship" a trauma survivor has with drugs or alcohol.

About Mental Health Association

Mental Health Association (MHA) promotes mental wellness and supports those with mental illness by sponsoring and implementing advocacy, education and community service programs. A private, nonprofit, United Way (#8151) agency, MHA has served Montgomery County for over 50 years. MHA currently manages 11 major direct service programs for children, teens, families, senior adults and individuals with long-term mental illness. Approximately 1,000 volunteers implement programs under the direction of MHA professional staff. To help further the philosophy that mental health is as important as physical health, MHA offers affordable, valuable and timely seminars on a variety of topics to all segments of the community.

In the event of inclement weather, please call MHA's offices at (301) 424-0656 after 6 am on the day of the event for a message about the status of the seminars.

Registration Form | Working with Youth CEU Seminars

SPACE LIMITED; REGISTER EARLY

Thursday, July 29, 2010 • Session I: 8:00 am – 11:30 am • Session II: 12:30 pm – 4:00 pm • Universities at Shady Grove, Building II

Seminar Fees

Session I \$60 MHA Member Fee \$75 Non-member Fee \$40 Student Fee

Session II \$60 MHA Member Fee \$75 Non-member Fee \$40 Student Fee

Pre-registration deadline is at 12 noon on Wednesday, July 28, 2010.

There will be an additional \$10 fee for registration after that time.

Name	Licensure	
Affiliation		
Address	Suite	
City	State	Zip
Phone	Fax	
E-mail		
Credit Card #	Exp. Date	
Signature		

Secure online credit card registration available at www.mhamc.org

Please mail payment to: Mental Health Association
Attn: Event Registration
1000 Twinbrook Pkwy., Rockville, MD 20851

or fax completed form to: (301) 738-1030, Attn: Event Registration

Agenda

8:00 am – 8:30 am	Registration and Continental Breakfast
8:30 am – 11:30 am	Session I
11:30 am – 12:30 pm	Break (bring lunch or purchase at a nearby restaurant)
12:30 pm – 1:00 pm	Registration and Light Refreshments
1:00 pm – 4:00 pm	Session II

Who Should Attend?

Mental health professionals such as psychologists (and school psychologists), social workers, counselors, marriage and family therapists, public and private clinicians, psychiatric nurses, psychiatrists, hospital personnel and other providers of mental health and social services.

Continuing Education Units: 3.0 for each session (6.0 available for the full-day)

- MHA will provide continuing education certificates to those in attendance for the entirety of each session (3.0 for Session I and 3.0 for Session II), after which they may collect their certificates. MHA will NOT issue or reissue certificates for individuals after the event closes.
- MHA is approved to provide continuing education by:
 - Board of Social Work Examiners of the State of Maryland
 - National Board for Certified Counselors (Provider #5796)
 - Board of Examiners of Psychologists of the State of Maryland
- Based on approval by the above licensing boards, continuing education credits provided by Mental Health Association will be accepted by the licensing boards of the District of Columbia and Virginia for social workers and psychologists.

Seminar Speaker



Frank Kros, MSW, JD, is a career child advocate, who has served as a childcare worker, child abuse investigator, children's home administrator, consultant, college professor, attorney, writer and speaker. Mr. Kros is president of The Upside Down Organization and executive vice president of The Children's Guild, one of the largest private providers of special education services in Maryland. He joined The Children's Guild as vice president of

programs in 2000 and became executive vice president in 2002. Prior to arriving at The Guild, Mr. Kros practiced law with Luce, Forward, Hamilton & Scripps in San Diego, California, where his practice focused on children's issues. He also has served as vice president for curriculum and training at Children's Square U.S.A. in Council Bluffs, Iowa; as a child abuse service officer for the Douglas County Juvenile Court in Omaha, Nebraska; and as a family teacher at Father Flanagan's Boy's Home (Boy's Town).

Mr. Kros is a nationally-recognized speaker and presents seminars to parents, educators, child-serving professionals and their leaders on various topics including stress and the brain, brain-based learning, aggressive and violent children, attention-deficit hyperactivity disorder (ADHD), neuroscience of the teenage brain and brain-compatible organizational leadership. In addition to lecturing nationwide, he co-authored the books *Creating the Upside Down Organization: Transforming Staff to Save Troubled Children* (2005) and *The Upside Down Organization: Reinventing Group Care* (2008).

Mr. Kros received his law degree magna cum laude in 1993 from Notre Dame Law School, where he served on the Notre Dame Law Review. He also holds a master's degree in social work from the University of Nebraska at Omaha and a bachelor's degree in psychology from Creighton University.

Please indicate your profession:

- Social Worker Counselor Psychologist
 Other

Continuing Education Units: 3.0* for each session

MHA is approved to provide continuing education for:

Social Workers: approved Category I by Board of Social Work Examiners of the State of Maryland.

Counselors: recognized by the National Board for Certified Counselors. NBCC Provider #5796.

Psychologists: authorized by the Board of Examiners of Psychologists of the State of Maryland as a sponsor of continuing education.

Based on approval by the above licensing boards, continuing education credits provided by MHA will be accepted by the licensing boards of the District of Columbia and Virginia for social workers and psychologists.

* Given ONLY to those who attend the full session.

Please make checks payable to: **MHA July Seminars**
No refunds will be made after Monday, July 26, 2010

For more information: (301) 424-0656 or info@mhamc.org