

Maryland Mental Health First Aid for Social Workers

12 CEUs for \$119

About the course:

This **refresher** course reviews the warning signs of mental health crises and reviews action plans you can use to intervene. It also gives you language and exercises to use with your clients and their families so that they are better able to identify when a mental health challenge is arising and how to respond.

February 11 & 18 9:30am—4:30pm

You must attend both days to receive the full 12 hours credit. No partial credit will be given.

Course location: 1000 Twinbrook Pkwy Rockville, MD 20851

Limited space available.

The Course:

- is an evidenced based practice
- Developed in Australia and brought to Maryland as a response to the Virginia Tech tragedy.
- Includes crisis situations:
 - suicidal behaviors
 - panic attack
 - acute psychotic behaviors

Previous Participants Comments:

- “Very good as a refresher course!”
- “the tools and strategies about what to do in a crisis are great.”
- “Lots of practical advice on handling emergencies.”
- “I have a better understanding of the struggle my clients have on a day to day basis.”
- “ it puts the information in very understandable terms—user friendly.”

CEUs: 12 Category 1 Maryland Board of Social Work Examiners.
More information: www.mhamc.org/html/pages/education/index.html

MENTAL HEALTH FIRST AID Participant Registration Form

Spaced limited to 30 participants per program (a minimum of 10 participants is required). Please call to reserve your place 301-424-0656 x517

Cancellations more than 7 work days prior to program will receive their money back minus a \$30 materials and administrative fee. Any cancellations less than 7 work days prior to the program will receive no refund (unless the training is cancelled due to lack of participants – you will then receive a full refund). Only checks accepted.

Fee: \$119 per person

Name _____

Date _____

Affiliation/ Organization _____

Address _____

City _____

State _____

Zip _____

Phone _____

Email _____

Please mail payment to:

Mental Health Association Attn: MHFA
1000 Twinbrook Pkwy Rockville, MD 20851